

San Francisco Eligible Metropolitan Area (EMA) - Ryan White Funded Psychosocial Support Service Category

San Francisco EMA HIV Health Services Planning Council (HHSPC)

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Agenda & Purpose of Presentation

- Review Health Resource Service Administration's (HRSA) Service Category Definition for Psychosocial Support Services
- History of HHS Funding for Psychosocial Support Category
- Demographic of People Living With HIV (PLWH) served in category
- Review of Services Trends & Impact of ACA on service category
- Points to consider for HHSPC Prioritization & Allocation Summit
- Q & A

HRSA Definition of Services

Psychosocial support services are support and counseling activities, child abuse and neglect counseling, HIV support groups, pastoral care, caregiver support, and bereavement counseling. They include nutrition counseling provided by a non-registered dietitian, but exclude the provision of nutritional supplements.

Nutritional services and nutritional supplements provided by a licensed, registered dietitian are considered a core medical service and should be reported as Medical nutrition therapy.

The provision of food and/or nutritional supplements by someone other than a registered dietitian should be reported in the Food bank/home-delivered meals service category.

History of Funding

- In 2007, HRSA redefined many of the activities which are now categorized under Psychosocial Support Services. With the elimination of “Peer/Client Advocacy” and “Treatment Advocacy” services categories, HIV Health Services placed practical & emotional support, peer support groups and social activities into the expanded definition of Psychosocial Support service category.
 - Many of the components of “Peer Advocacy” such as education of and referral to HIV services community resources, treatment readiness, and dealing with feelings of isolation, depression and stigma within a “peer” setting transferred into Psychosocial Support service category.
- Psychosocial support services has been part of the HHSPC Ryan White funded system of care for many years. Due to the uniqueness of program services and target populations, these services were separately put out to bid (RFP’d) in 2008 and 2012.
- Mental health service agencies may provide Psychosocial support groups and do so under mental health service category or through “private funding”. These services are often not reported in ARIES as a psychosocial support service.

HHS Program Descriptions

- Program provides a collaborative support group for HIV positive heterosexually identified African American men; recruitment and outreach takes place by case managers, peer advocates or other sources. This group is available to all clients self-identifying as part of the target population. The group is facilitated by a mental health professional, with a flexible structure.
- Program provides a range of psychosocial support interventions including emotional support and practical assistance, groups and educational opportunities, a drop-in center, an activities and events program, client advocacy and care navigation, health counseling, and volunteer peer support. Other services that promote continued engagement in care, with an emphasis on individuals: 1) living on fixed and low incomes; 2) are socially isolated; 3) are “aging” or senior population; 4) are physically impaired; and 5) have severe need.

Who accesses these services? (1 of 2)

Gender	UDC	% OF UDC
Female	33	6.8%
Male	430	88.7%
Transgender	22	4.5%
TOTAL	485	100%

Race/Ethnicity	UDC	% OF UDC
White	212	43.7%
Black	161	33.2%
Latino/a	62	12.8%
Asian & Pacific Islander	14	2.9%
Native American	11	2.3%
Multi-Ethnic	18	3.7%
Unknown	7	1.4%
TOTAL	485	100%

Age	UDC	% OF UDC
25 – 44 years	82	16.9%
45 – 54 years	232	47.8%
55 – 59 years	80	16.5%
60 – 64 years	41	8.5%
65 years or older	50	10.3%
TOTAL	485	100%

Who accesses these services? (2 of 2)

Household Poverty Level	UDC	% of UDC
0 - 100	277	57.1%
101 - 200	155	32.0%
201 - 300	27	5.6%
301 - 400	11	2.3%
401 - 500	3	0.6%
501 and above	2	0.4%
Unknown	10	2.1%
Total	485	100%

Insurance Status	UDC	% of UDC
Private	23	4.7%
Medicare	160	33.0%
Medicaid	277	57.1%
Other public	11	2.3%
No insurance	75	15.5%
Other	123	25.4%
Unknown	94	19.4%
Total	485	157.3%

Services Trends & Impact of ACA

- Increased life expectancy resulting in many aging clients facing challenges common to the aging population: social isolation and lack of support within their community, decreased engagement with the system of care, co-morbidities associated with aging, etc.
- The senior community has noted the provision of psychosocial support as a key element in relieving social isolation and retaining engagement with the system of care.
- San Francisco's housing shortage challenges makes it difficult for the most challenged clients to attain a less transient lifestyle and/or one that focuses on health enhancement.
- No direct ACA impact to Psychosocial Support Services. Category remains eligible for Ryan White funding.

Prioritization & Allocation Summit - Considerations

- Psychosocial Services is a key access/entry point for the newly diagnosed and those individuals new to San Francisco.
- Assists a wide range of clients hailing from an equally wide range of communities – many of whom do not have other forms of peer-based support and/or come from communities with historical challenges in engaging with the traditional medical model of care.

Questions???